# MGT 386 - Exam 1 Study Guide

# Ch. 1 - Intro / What is OB?

- Integrative model of organizational behavior
- · Resource-based view of organizations
- Ways of Knowing
- Scientific method
- Levels of analysis
- Correlation (r) & Causal Inference

# Ch. 2 - Job Performance

- Task performance
- Citizenship behavior
- Counterproductive behavior
- Job Analysis
- Performance Management

# Ch. 3 - Organizational Commitment

- Organizational commitment
  - o Affective commitment
  - Continuance commitment
  - o Normative commitment
- Withdrawal behavior
  - o Psychological
  - o Physical
- Four primary responses to negative events at work
  - o Exit
  - o Voice
  - o Loyalty
  - Neglect
- Embeddedness
- Competing Models of Withdrawal
- Perceived organizational support

### Ch 4 - Job Satisfaction

- Value-Percept Theory
- Job characteristics theory
  - o Core Job Characteristics
- Critical Psychological States
- Job Design
- Moods and Emotions
  - o Emotional labor
- Job Descriptive Index

#### Ch 5 - Stress

- Transactional Theory of Stress
  - o challenge stressors
  - hindrance stressors
  - o work vs. nonwork
- Coping
  - o Problem vs. Emotion focused
  - Behavioral vs. Cognitive methods
- Types of strain
  - o Physiological
  - o Psychological
  - o Behavioral
- Stress Management
  - o Individual Vulnerability
  - o Reduce Possible Stressors
  - o Poor Environmental Support
  - Organizational efforts to reduce stress